

PPE Checklist

Before you can know if workers need PPE, you must assess your workplace for hazards, which will help you select the appropriate PPE for any hazards present or likely to be present. Adapt this checklist for your safety program, workplace and PPE safety regulations. Use it to assess your workplace and identify the hazards by the body parts affected.

Head	YES	NO	Comments
Is work performed around beams, pipes, falling objects or electrical wires?			
Is machining performed, or equipment used with rotating parts?			
Eye and Face	YES	NO	Comments
Are there flying particles, dust, hazardous chemicals, extreme heat or light?			
Is proper PPE used (e.g. safety goggles, face shields, weld masks), does it fit properly and is it in good condition?			
Ears and Hearing	YES	NO	Comments
Is there exposure to elevated noises or sudden loud noises?			
Is proper PPE used (e.g. ear plugs, ear muffs), does it fit properly and is it in good condition?			
Respiratory	YES	NO	Comments
Is there a respirator training and fit testing program in place?			
Is exposure to radiation possible?			
Is there dust, vapors, fumes or mist in the air?			
Is there potential for exposure to asbestos?			
Does respiratory equipment fit properly and is it in good condition?			
Body	YES	NO	Comments
Is work performed at elevated heights where a person could be injured by a fall?			
Does the work require continuous lifting, twisting or bending?			
Is the proper PPE used (e.g. fall restraint harnesses, lanyards), does it fit properly and is it in good condition?			
Hands, Arms, Feet, Legs	YES	NO	Comments
Does the work include pinch-points, irritating chemicals or extreme hot/cold?			
Is there heavy lifting or slippery surfaces?			
Is the proper PPE used (e.g. sleeves, chaps, work gloves, steel-toed boots), does it fit properly and is it in good condition?			
Person(s) Conducting Assessment:			
Date:			
Work Area/Job/Task:			